

SAMPFORD COURTENAY IMT ARE SUPPORTING LOCAL SHOPS & BUSINESSES -

SHOP		PRODUCT	NEW ARRANGEMENTS FOR NOV 2020	TELEPHONE	WEBSITE
BOW GARDEN CENTRE	Bow	Pets, Garden, DIY, Fuel & Post Office	Shop will be Open, but Waterside Café will be closed.	01363 82438	www.bowgardencentre.co.uk
BRICKYARD FARM SHOP	Hatherleigh	Farm Shop, meats, veg, fruit, dairy etc	Shop fully open.	01837 810204	
CIDER VAT	Sampford Courtenay	VARIETY, GIFT HAMPERS & CHRISTMAS GROCERIES	"One in One Out" Click and Collect Service	01837 851244	www.cidervat.co.uk
CO-OP BOW	Bow	GROCERIES		01363 82986	
COUNTRY LANES	Okehampton	ANIMAL & GARDEN	Café will shut but Garden Centre open	01837 52489	www.countrylanesgardencentre.co.uk
COUNTRYMAN	Sampford Courtenay	TAKE AWAY SUNDAY LUNCHES	Open for Sunday Lunch Takeaways - 12 noon - 2pm	01837 82206	www.thecountrymandevon.co.uk
DOWN FARM	Winkleigh	FRUIT & VEG	Order by Tuesday - will deliver to Sampford Courtenay	07739 892488	https://www.down-farm.com/
HARVEST FARM SHOP	Okehampton	ORGANIC ZERO WASTE FRUIT & VEG etc	Open normal hours. Orders taken by email for local isolating & vulnerable.	01837 318050	www.harvestworkerscoop.org.uk
Hayes Organic Farm Shop	Exbourne	Organic meat, charcuterie & skin products	Free delivery to Sampford Courtenay	01837 608 242	https://www.hayesmeadow.com/
JEN'S CAFÉ	North Tawton	BREAKFASTS & LUNCHES	Takeaway Service	01837 880366	
JULIE CARPENTER	Sampford Courtenay	Eggs	When available from roadside Egg Box		
LINDFIELDS	Sampford Courtenay	PLANTS & EGGS		07806 815558	
LUXTONS	Okehampton	MEAT ETC	Shop open, deliveries available & collect from carpark.	01837 54308	www.farmerluxtons.co.uk
MERRY GO ROUND	North Tawton	CHILDREN'S TOYS & CLOTHES	Shop closed, but you can order and collect.	01837 82521	www.merrygoroundonline.co.uk
MOLE AVON	Okehampton	ANIMAL & GARDEN		01837 53886	www.moleavon.co.uk/okehampton-store
NEW INN	Sampford Courtenay	TAKE AWAYS	Will be closed until Dec 2nd.	01837 82247	
NICKY COURAGE	Sampford Courtenay	Eggs	When available from roadside Egg Box		
NORTH TAWTON PHARMACY	North Tawton	MEDICINES & PRESCRIPTIONS		01837 82824	www.nhs.uk/services/Pharmacies/Overview/DefaultView.aspx?id=3719
PISTACHIO TREE	North Tawton	LUNCHES & GIFTS	Takeaway Hot Chocolate & Light Lunches + Click & Collect Christmas goods.	01837 880040	www.thepistachiotree.co.uk
RISDON FARM - JACOBSTOWE	Jacobstowe	EGGS		01837 851240	
MONICA SMALE	Appledore Hill	EGGS	When available. Donations to British Hen Welfare Trust	01837 54644	
SPAR NORTH TAWTON	North Tawton	GROCERIES		01837 82275	www.openingtimesin.uk/spar-north-tawton
ST ANDREW'S CHURCH	Sampford Courtenay	CHURCH OF ENGLAND	There will be no services, however, Church will open for Private prayers.		
TAW RIVER DAIRY	Sampford Courtenay	MILK & DAIRY	Open for milk and icecream. Can be preordered via website .	07525 164 805	www.tawriverdairy.co.uk
THE BURROW	Exbourne	NEWSPAPERS ETC		01837 82481	theundergroundshop.weebly.com
UNDERDOWN DAIRIES	Sampford Courtenay	MILK & DAIRY	Doorstep deliveries - Business as usual.	01837 851271	www.underdowndairy.co.uk
YOKEL	Winkleigh	GROCERIES, MEAT, DAIRY, VEG		01837 83826	
DIY					
DIY OKEHAMPTON	Okehampton	PAINT ETC		01837 52130	
EAKERS CREDITON	Crediton	DIY GOODS		01363 775555	
10.11.20 This is the current list of local producers. If you are able to ring, order and pay - but are unable to collect yourself - please contact Marion on 01837 82285 to arrange for one of our Volunteers to collect for you.					
Our Volunteers are still able to Shop and Deliver at Waitrose, Co-op, Lidl's and Tesco if you are unable to get an Online slot yourself. But this will have to be a Cash transaction and orders rung or emailed through to Marion in plenty of time please. DON'T LEAVE IT UNTIL YOU ARE DESPERATE FOR GOODS OR MEDICATION					
STAY SAFE.					
AND IF YOU KNOW OF ANY OTHER LOCAL PRODUCER IN, OR NEAR THE PARISH LET ME KNOW SO I CAN ADD THEM TO THE LIST.					