



Okehampton District Community Transport Group

Newsletter 72

100 Club

Thank you for your support which is a great help to ensure our scheme can continue to offer as many people as possible the services they require. Last year we raised £1622 for our funds. You may receive a written or telephone reminder when it is time for you to renew.

Congratulations to the winners of our recent draws - You can join the 100 Club at any time during the year, just send a cheque, payable to ODCTG for £12 to us at the address below or you can pay by BACS or Standing Order NatWest Okehampton Sort Code 54-21-14 Account No. 22127879 ODCTG

August

- 1st William Pengelly, Okehampton
- 2nd Graham Harding, Okehampton
- 3rd Ann Littlejohns, Okehampton

September

- Patricia Bray, Belstone
- Angela Nixon, Okehampton
- Margaret Luddington, Okehampton

Trips

We know that you have been enjoying the trips now that we are able to travel again and have tried to incorporate some of your requests. Please ring the office to book.

- 6th November Lifton Farm Shop
- 13th November Green Lanes, Barnstaple
- 20th November Otter Nurseries
- 27th November Bow Garden Centre
- 4th December Tavistock
- 11th December Bernaville Nurseries

Thanks to us being successful in accessing a grant, the cost of the trips will again be subsidised, £10 for Okehampton and along the route. We may be able to include pick up from other areas if there is enough demand for an extra £2. We will be adding some weekday trips in the future. **Please be ready for collection from 9am to ensure the driver is not held up.** Please let us know if you need to cancel a trip, don't wait until we ring you the day before with the pick up time as we have already worked out our route and rung other passengers. Thank you. If you have any suggestions of places you would like us to include then let us know and we will try and include them.

Community Car Bookings

PLEASE ring and request your transport for hospital appointments as soon as you receive notification, we are having to disappoint more clients as we have not been given enough time to find an available volunteer. You can ring and leave a message on the answerphone during the late afternoon/evening which then gives us a chance to work on it early in the morning when we return to the office.

Drivers

We are always looking for more volunteers and would particularly like to find someone in the Chagford/Throwleigh/Whiddon Down area and also Lewdown as we are having to send our drivers long distances to enable these journeys to take place.

Ring and Ride

Our Ring and Ride shopping bus has spare capacity at the moment, particularly on Wednesday (Bridestowe/Lewdown areas £5) and Friday (Halwill area £5) so if you know someone who would like a trip to the supermarket on these days then put them in touch with us. If you live in Okehampton you can also make use of this service, it is just £3 for the return trip door to door.

Coffee Morning

Thank you to everyone who supported our recent coffee morning, we raised £325. Special thanks to the Co-op for supplying the refreshments, to Annie & Mino for serving them, our volunteers who helped run the stalls and the two ladies from Co-op Funeralcare who ran a Teddy tombola.

Bingo - Friday 26th November, Okehampton Conservative Club, doors open 7pm for 8pm start

We welcome donations of raffle prizes and also prizes suitable for the bingo, with a Christmas theme.

Talkworks - NHS - 0300 555 3344 or self-refer online TALKWORKS.dpt.nhs.uk

Free, confidential, talking therapy service helping you to feel better and giving you the tools and techniques to improve your mental wellbeing.

PLAIT - Preventing Loneliness And Isolation Together

Meeting at Fairplace Church Hall (opposite the Post Office), Okehampton every Wednesday 10.30 - 14.30. Coffee/Tea, Seated exercise for all abilities, Listening, Eating together, Talking, Friendship, Fellowship. Cost £8 per day to include food, drinks and activities. Please ring Alan or Joyce on 01837 54397 to book or for more information.

Goods

Please remember us if you are having a clear out, we are still accepting goods for sale for when we can attend more car boot sales etc.

LocalGiving

We have set up a local giving page to raise funds towards our services, the link is <http://www.localgiving.org/Okehampton> if you would like to look at our story.

Christmas & New Year Holiday

The office will be closed from 4pm on Friday 24th December until 08.30 Tuesday 4th January. If you need to speak to us during the closure then please ring and leave us a clear message with your name, telephone number and your appointment date, time and full details as we will be picking up the messages from home.

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<https://www.facebook.com/Okehampton-District-Community-Transport-Group-165867586926940>

Out of hours emergency mobile no. 07484525577

Office Hours - Monday to Friday 08.30 - 16.00