

# **Sampford Courtenay Parish Council**

## **Parish Directory.**

Contact Details that you may find helpful to keep at hand, should you need them.

- Advice Page
- Emergency Numbers
- Local shops & Distributors
- Report It – links to report potholes etc
- Sampford Courtenay Parish Organisations

If you know of any other numbers that you think should be included please let the Clerk know on [SCPCclerk@aol.com](mailto:SCPCclerk@aol.com)

Thank you.

**IF YOU ARE IN NEED OF HELP OR ADVICE** try some of these contacts and websites below.

**WEST DEVON BOROUGH COUNCIL** – worried about paying your Council Tax – lots of advice here <https://www.westdevon.gov.uk/article/5438/Worried-about-Paying>

**CITIZENS ADVICE** – get help with your bills advice here <https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/get-help-with-bills/>

**AGE UK** – lots of advice on how to keep warm over the Winter and keep yourself healthy. <https://www.ageuk.org.uk/>

**Samaritans** – call **116 123** if you need someone to talk to. <https://www.samaritans.org/how-we-can-help/contact-samaritan/>

**Farm Crisis Network** – call **03000 111 999** for support for farmers and farming families. <https://fcn.org.uk/>

## **KEEP THESE EMERGENCY NUMBERS HANDY!**

**Police, Fire or Ambulance = 999**

**Non-Emergency Police = 101**

if you wish to pass information about a crime or suspicious activity Crimestoppers are available on 0800 555 1111

DO NOT USE for emergencies requiring immediate police response

**NHS = 111**

**Electricity Power Cut = 105**

**South West Water = 0344 346 2020**

**Floodline = 0345 988 1188**

**Childline = 0800 1111**

**Age UK = 0800 169 2081**

**The Silver Line = 0800 270 8090**

**Devon County Council = 0345 155 1015**

**West Devon Borough Council = 01822 813600**

**Okehampton "Ring N' Ride" (ODCTG) = 01837 55000**

## Local Shops & Distributors

SHOP		PRODUCT	TELEPHONE	WEBSITE
BOW GARDEN CENTRE	Bow	Pets, Garden, DIY, Fuel & Post Office	01363 82438	<a href="http://www.bowgardencentre.co.uk">www.bowgardencentre.co.uk</a>
BRICKYARD FARM SHOP	Hatherleigh	Farm Shop, meats, veg, fruit, dairy etc	01837 810204	
CIDER VAT	Sampford Courtenay	VARIETY, GIFT HAMPERS & CHRISTMAS GROCERIES	01837 851244	<a href="http://www.cidervat.co.uk">www.cidervat.co.uk</a>
CO-OP BOW	Bow	GROCERIES	01363 82986	
COUNTRY LANES	Okehampton	ANIMAL & GARDEN	01837 52489	<a href="http://www.countrylanesgardencentre.co.uk">www.countrylanesgardencentre.co.uk</a>
COUNTRY MAN	Sampford Courtenay	SUNDAY LUNCHES	01837 82206	<a href="http://www.thecountrymandevon.co.uk">www.thecountrymandevon.co.uk</a>
DOWN FARM	Winkleigh	FRUIT & VEG	07739 892488	<a href="https://www.down-farm.com/">https://www.down-farm.com/</a>
HARVEST FARM SHOP	Okehampton	ORGANIC ZERO WASTE FRUIT & VEG etc	01837 318050	<a href="http://www.harvestworkerscoop.org.uk">www.harvestworkerscoop.org.uk</a>
Hayes Organic Farm Shop	Exbourne	Organic meat, charcuterie & skin products	01837 608 242	<a href="https://www.hayesmeadow.com/">https://www.hayesmeadow.com/</a>
JEN'S CAFÉ	North Tawton	BREAKFASTS & LUNCHES	01837 880366	
JULIE CARPENTER	Sampford Courtenay	Eggs		

LINDFIELD DS	Sampford Courtenay	PLANTS & EGGS	07806 815558	
LUXTONS	Okehampton	MEAT ETC	01837 54308	<a href="http://www.farmerluxtons.co.uk">www.farmerluxtons.co.uk</a>
MERRY GO ROUND	North Tawton	CHILDREN'S TOYS & CLOTHES	01837 82521	<a href="http://www.merrygoroundonline.co.uk">www.merrygoroundonline.co.uk</a>
MOLE AVON	Okehampton	ANIMAL & GARDEN	01837 53886	<a href="http://www.moleavon.co.uk/okehampton-store">www.moleavon.co.uk/okehampton-store</a>
NEW INN	Sampford Courtenay	Local pub for food & drink.	01837 82247	<a href="https://newinnsampfordcourtenay.co.uk/">https://newinnsampfordcourtenay.co.uk/</a>
NICKY COURAGE	Sampford Courtenay	Eggs		
NORTH TAWTON PHARMACY	North Tawton	MEDICINES & PRESCRIPTIONS	01837 82824	<a href="http://www.nhs.uk/services/Pharmacies/Overview/DefaultView.aspx?id=3719">www.nhs.uk/services/Pharmacies/Overview/DefaultView.aspx?id=3719</a>
PISTACHIO TREE	North Tawton	LUNCHES & GIFTS	01837 880040	<a href="http://www.thepistachiotree.co.uk">www.thepistachiotree.co.uk</a>
RISDON FARM - JACOBSTOWE	Jacobstowe	EGGS	01837 851240	
MONICA SMALE	Appledore Hill	EGGS	01837 54644	
SPAR NORTH TAWTON	North Tawton	GROCERIES	01837 82275	<a href="http://www.openingtimesin.uk/spar-north-tawton">www.openingtimesin.uk/spar-north-tawton</a>
TAW RIVER DAIRY	Sampford Courtenay	MILK & DAIRY	07525 164 805	<a href="http://www.tawriverdairy.co.uk">www.tawriverdairy.co.uk</a>
THE BURROW	Exbourne	NEWSPAPERS ETC	01837 82481	theundergroundshop.weebly.com
UNDERDOWN DAIRIES	Sampford Courtenay	MILK & DAIRY	01837 851271	<a href="http://www.underdowndairy.co.uk">www.underdowndairy.co.uk</a>
YOKEL	Winkleigh	GROCERIES, MEAT, DAIRY, VEG	01837 83826	
<b>DIY</b>				
DIY OKEHAMPTON	Okehampton	PAINT ETC	01837 52130	
EAKERS CREDITON	Crediton	DIY GOODS	01363 775555	

## **REPORT IT!**

**Problems with Pot holes, water, fly tipping etc. Here are the contact details for you to report these things yourselves.**

### **DEVON COUNTY COUNCIL –**

If you are **reporting an emergency** that requires immediate attention, please call us on [0345 155 1004](tel:03451551004). An emergency on the highway is defined as something that is very likely to present an imminent threat to life or serious injury or serious damage to property. For all other problems report on line below

<https://www.devon.gov.uk/roadsandtransport/report-a-problem/>

### **WEST DEVON BOROUGH COUNCIL -**

<https://www.westdevon.gov.uk/article/6171/Report>

Both of these web sites give useful links and information on how to report problems in your neighbour hood.

Thank you.

## **SAMPFORD COURTENAY PARISH ORGANISATIONS**

### **Parish Council**

Marion Pratt (Clerk)      [SCPCClerk@aol.com](mailto:SCPCClerk@aol.com)      01837 82285

Michele Wilson (Chair)

Janet Palmer (Vice Chair)

Mike Carpenter

Colin Coleman      [Colin@ISCHQ.com](mailto:Colin@ISCHQ.com)      01837 54555

Phillip Collins

John Friend

Martin Morrissey

Bob Tucker

**Sampford Courtenay Parish Website – [www.sampfordcourtenay-pc.gov.uk](http://www.sampfordcourtenay-pc.gov.uk)**

Julie Carpenter      [juliec2911@hotmail.co.uk](mailto:juliec2911@hotmail.co.uk)      07866 605184

**Facebook - <https://www.facebook.com/SampfordCourtenayParishCouncil>**

### **Devon County Council**

Cllr James McInnes      [james.mcinnnes@devon.gov.uk](mailto:james.mcinnnes@devon.gov.uk)

### **West Devon Borough Council**

Cllr Barry Ratcliffe      [cldr.barry.ratcliffe@westdevon.gov.uk](mailto:cldr.barry.ratcliffe@westdevon.gov.uk),

Cllr Lois Samuel      [cldr.lois.samuel@westdevon.gov.uk](mailto:cldr.lois.samuel@westdevon.gov.uk),

### **Community Police Officer**

PC Nadine Wilson

### **St Andrew's Church**

Malcolm Craig      01837 880118

Sarah Hanks      01837 851287

### **Village Hall**

Lynn Robinson (Secretary)      [secretaryvhsc@gmail.com](mailto:secretaryvhsc@gmail.com),

Joy Tucker (Bookings)      [bobandjoytucker@gmail.com](mailto:bobandjoytucker@gmail.com)      07749 522996