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August 2023

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## From The Rectory

How are you feeling? Which of these quotes do you most identify with today?

*Shout for joy to the LORD, all the earth.  
Worship the LORD with gladness;  
come before him with joyful songs.*

(Psalm 100:1-2)

*My soul is in deep anguish.  
How long, LORD, how long?*  
(Psalm 6:3)

This summer in our services we are looking at the Psalms – the song book of the Bible. It's an easy part of the Bible to find – it's the long book right near the middle. In it there are 150 poems – each a song or a prayer to God. Some are short – Psalm 117 is just five lines long. Some are epic – Psalm 119 is a 2,500 word acrostic poem about the writer's delight in the messages which God has spoken to his people! But the most amazing thing about the Psalms is the breadth of emotions which are expressed in them. There are many psalms of joy (Psalm 100), the word 'joy' appears 57 times – but there are also psalms that describe great depression (Psalm 88). There are so many cries from the heart – some of them come from great anger (Psalm 77), some from fear (Psalm 56), others from sorrowful lament (Psalm 102). Many psalms contain great cries for justice (Psalm 5). Still others are deep cries of praise (Psalm 148) or thankfulness (Psalm 136 reminds us 26 times – "His love endures forever"! ). There are many desperate questions – that question "How long...?" is asked 22 times – mostly of God. There is a psalm for every emotion and season of life.

The wonderful truth expressed by the Psalms is that God invites us to bring our trials and troubles and our joys and thankfulness to him. God created us and is not surprised by our emotions, and he wants us to be honest with him about how we are feeling – even when that is anger at him. He has put all these songs in the Bible – giving us permission to express ourselves to him and giving us the words to do so when words fail us. But

the key to the Psalms and expressing these emotions, is that they are spoken within a relationship of trust and dependence on God. We might be angry at God, we might have doubts, we might be afraid – but we bring all these and more *to* God because even in the anger, doubts and fears we recognise who God is and that he is the one we need to address these prayers, complaints and questions to.

The book of Psalms, however, is not static – there is a journey from sorrow to joy. At the start psalms of lament expressing sorrow and anger are more dominant. But as the book goes on the joyful, praise psalms begin to outnumber the lament psalms and the book ends with five great psalms of praise. This change is also reflected in many of the individual psalms too. As our cries and questions are brought to God, there is a change of heart and a recognition that God indeed is at work and will save us – and in the end there will be joyful thanks and praise to God.

As Jesus died on the cross, he quoted from the Psalms – some suggest he was praying his way through all of them as he himself suffered. Most famously he quoted the first line of Psalm 22 – "My God, my God, why have you forsaken me?". This psalm is an amazing prediction of what Jesus would suffer. The Psalm then goes on to the hope of rescue and new life. Our first reaction to the Psalm might be to dismiss it as optimism and positive thinking, but it is not. Christians believe that Jesus suffered and died but then was raised to new life – and this power will one day transform all this world from sorrow to joy. The reason the Psalms can lead us from lament to joy is because Jesus lived through the very worst of human experience and so unlocked joy and rescue and delight. He blazed a trail through death to new life.

So, however you are feeling today, why not tell God about it? Why not have a look at the Psalms and use these ancient prayers to express how you are feeling to God?

*Rev'd. David Spence*

### LITTLE FISHES



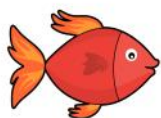
Toddler Group

**Every Thursday** (inc. school holidays)

**9am-11am @ St Peter's Church**

Little Fishes is our weekly toddler group for parents and children aged 0-4 and is held in St Peter's Church, North Tawton.

We are a growing group from in and around the town and aim to provide a FREE space which is fun and safe for children and supportive for parents.



For more info, please contact Wez Cutler on: 07540127827 or wesleycutler@hotmail.co.uk



**Drop in anytime between 10.30 a.m. – 12 noon  
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No meetings in August  
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**For more information contact  
Jo Fear  
01837 82553**

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### THURSDAY *monthly*

SPREYTON      Village Shop  
**August 3rd / 31st**      14:00 to 14:30

### FRIDAY *monthly*

NORTH TAWTON      The Square  
**August 18th**      09:45 to 10.45

BONDLEIGH      Old School  
**August 18th**      13:30 to 14:15

### SATURDAY *monthly*

NORTH TAWTON      The Square  
**August 5th**      10:00 to 12:00

Please check on [info@librariesunlimited.org.uk](mailto:info@librariesunlimited.org.uk)

## Roundabout

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Opinions expressed by contributors are their own and are not necessarily endorsed by the Church, by the PCC, by members of the four churches, or by the Editors.

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 Jackie Tye      01837 880479

### Sampford Courtenay/Honeychurch

Rory Robinson      07811 324154  
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# NORTH TAWTON TOWN COUNCIL

Town Clerk: Melanie Bickell

14A The Square  
North Tawton  
EX20 2EP

Tel: 01837 880121

e-mail: [townclerk@northtawtontowncouncil.gov.uk](mailto:townclerk@northtawtontowncouncil.gov.uk)

## Cemetery Memorial Inspections

The Council has a legal duty to carry out health and safety inspections of memorials in the Cemetery and closed Churchyard. The Council has appointed an external, qualified Company, to carry out the inspections, which will commence 23<sup>rd</sup> August 2023. If you have any questions or concerns, please do not hesitate to contact the Town Clerk.

## Clock Tower

Funding operations are under way to raise the additional monies to rebuild the canopy, which will include fund raising and donations. Please see our full-page advert on page 17 for details. A booklet has been produced and is available to download from the Council website or an email edition can be sent to you on request.

## Memorial Park

Some of the play equipment in the park is coming to or has come to the end of its life. The Council will have to decommission some items and use s.106 monies and council reserves and seek some additional grant funding for replacement. Please take the time to consider what equipment you and your children would like to see in the park and contact the Clerk with suggestions and pictures if possible.

The Clerk has a consultation with the planning department at West Devon on 8<sup>th</sup> August, as the park is in the conservation area, to determine if any planning permissions will be required as the council is looking to move away from wooden structures to galvanised steel which may not fall within the terms of 'like for like'.

The trampoline should be repaired towards end of July or early August. The Swing set by the trampoline needs an urgent repair to the top beam and therefore, we have had to remove the swings for safety reasons. The Estates Committee will be considering whether to replace the entire structure or just this beam when it meets on 7<sup>th</sup> August. The Trustees of the park will be making grant applications to Denbrook Community Fund and Durant Trust for match funding to replace items in the park over the next 12 months.

## Town Centre Carpark

The Transport Committee has received a quote to provide 3 electric vehicle charging points in the carpark. The committee will consider the quote on 18<sup>th</sup> July and make recommendations for full council on 1<sup>st</sup> August, to progress. We are also liaising with the Rugby Club and the same company to provide EV charging at the bottom of town.

## Suds Pond next to Strawberry Fields

The fencing around the pond to keep the animal stock out has become deteriorated, and the Estates Committee will consider quotes for repairs at their meeting on 7<sup>th</sup> August

## Council Meeting.

Our next council meeting will be on Tuesday 1<sup>st</sup> August. Our regular meetings are on the first Tuesday of every month, and we have an open forum between 7.15 and 7.30, if you wish to make a presentation to the council and residents. To book this slot, please contact the Clerk at least 8 days before the meeting. At the Council public forum on 5<sup>th</sup> September, we have Tara Penny, Head Teacher from the Primary School, 3<sup>rd</sup> October Inspector Conway Devon & Cornwall Police, 5<sup>th</sup> December Andy Cattermole – Allison Homes development Weavers Place. Alternatively, we have 2 periods during the meeting when the public can attend and raise matters for the Council to consider, however, unless the matter is already on the agenda, the Council will not be able to offer an immediate response but would carry the item to the next agenda for a formal reply if this is required.

*Melanie Bickell, Town Clerk*

### READING GROUP

Normally meets on the last Tuesday  
of the MONTH  
7.30 p.m.

for further information or to join  
contact Ann Palmer  
phone 01837851659

### BONDLEIGH RAINFALL

The dry weather of the second half of May has continued into June with only small amounts of rain. The total for June was 29.9 mm. compared to 48.6 mm. for June '22. However when looking at the first six months of both years 2023 is considerably wetter. 2023 having 468.7 mm. compared to 337 mm. in 2022. Will this pattern continue?

*Danny Semorad*

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## North Tawton Afternoon W.I.

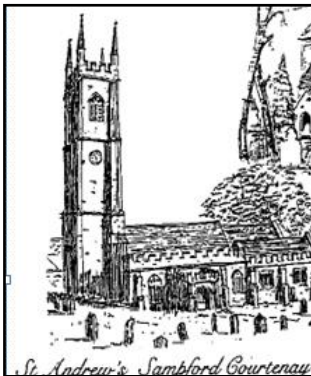
### Ramblings of a North Tawton W.I. Member

Just in case you were concerned for my safety – I coped admirably with our Gin Tasting afternoon, and negotiated the 200 yards ‘ome from the Copper Key without a wobble or a stagger. I could say that it was purely educational. It wasn’t. In my defence we heard about the history and differing varieties of gin and the origins of quinine (did you know that the quinine in your tonic water was extracted from the bark of the fever tree – and was used as a fever remedy back in the early 17<sup>th</sup> century?) however I’m fairly sure that most of us were there to sample. And we did. It was lovely. Even when we found ourselves adding a bit of freshly ground black pepper and a few chilli flakes to our glass. Don’t knock it before you try it. One of the best things? Listening to and watching 16 ladies laughing, chatting, laughing a lot more (might have something to do with the gin) and having a fabulous time. Job done.

Derek and Jane (from the South West Lindy Hoppers) know how to have a fabulous time. They put on a ‘Swing’ style record and do the ‘Lindy Hop’. And whether you’re doing it or watching it it’ll put a smile on your face. The Lindy Hop was given its name in 1927 and originated in 1920’s and 30’s Harlem, New York. The Lindy Hop style of dance mixes together components from tap dancing and the Charleston plus steps from much older dances such as the Texas Tommy and the Cakewalk. There were numerous dance venues in New York but the Savoy Ballroom was by far the largest. It had a sprung dance floor that could take 3,000 dancers and a bandstand at either end which saw the likes of Count Basie and Duke Ellington playing there. The Savoy was so popular with dancers that the floor would need replacing every three years – it was also home to regular dance competitions and the ‘Battle of the Bands’ with dancers choosing the best band. Frankie Manning was a second-generation Lindy Hopper who devised the ‘Aerial’ or air step and would go on to become a choreographer and tour the world with his own dance troupe. Talking of dance troupes – it was time to form our very own North Tawton W.I. Lindy Hopping version. Derek and Jane needed volunteers. Willing volunteers. President Jan shot off her chair along with her band of W.I. sisters and in no time they were ‘knee slapping’, ‘shimmying’, ‘shoe shining’ and doing the ‘crazy legs’. (I think there may be photos and a video out there somewhere).

Husband is reading a book of Devon words and dialects. He has just told me that ‘at least I didn’t come home with the key of the market’ after our gin tasting afternoon. I have no idea what that means. Can’t even guess. Translation? To be drunk. Here’s another. Ever heard of ‘Tiverton rain’? It’s rain on a North East wind which means it will rain for 48 hours. Why pick on Tiverton? Moving on. He wants me to give you a spud update. A couple of weeks ago he had a spuddle under the first earlies – we held our breath. Would they be big enough? Would they be riddled with slug holes? Would he be laughed out of North Tawton? Have a little faith. There they were – glinting at us. Crying out to be lightly steamed and smothered in butter. All was well. And finally – I hope he doesn’t get ‘mascols’ on his cabbages.

*Sue Knott*



Sampford Courtenay Bell Ringers will be hosting their annual competition at St. Andrew's on the afternoon of Saturday, 12th August, by kind permission of the vicar and church wardens.  
Ringing between 2pm - 8pm

### **The Sampford Courtenay Novel Writers**

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**SAVE THE DATE**

**SUNDAY 1st OCTOBER 2023**  
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**2pm - 5pm**

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Annual Charity Tea Dance in aid of North Tawton Branch of the British Legion and also in memory of Alf Bolt.

Entertainment from the Hummingbirds, a local Vintage Duo, sing songs from the 40s and 50s. Plus South West Lindy Hoppers will be teaching a taster class and also performing two routines.

Tea and unlimited cake will be provided in with the cost of the ticket. We may have one or two surprise slots as well.

Raffle prizes have included: Cream tea at Mill End Hotel at Chagford, Waic to play family ticket, RHS Rosemoor family ticket and much more....

Dressing up in 1940s and 50s style clothes is encouraged but not essential.

After the successful publication of West Devon History Tales' last year, a follow up book has now been published.

The launch of "More West Devon History Tales" will take place at the London Inn, Okehampton on Thursday 27th July (10:45am -12 noon).

Anyone interested in purchasing the book (£6) is welcome to attend.



## FORTHCOMING ATTRACTION

A date for your diaries: Saturday 14<sup>th</sup> October  
 3 p.m. Fairplace Church, Okehampton

Okehampton Choral Society together with the Bondleigh Barn Band (with 40 instrumentalists, more like an orchestra) will be presenting a fun "SINGALONG" Admission will be FREE - retiring collection to be divided equally between the fund to keep the Christmas Lights on in Okehampton and the Ukraine Humanitarian Appeal.

Songs from the old Music Hall, from the theatre, from the sea and from around the world will be suitable for families and folk of all ages. We hope you will join us in a relaxed and cheerful frame of mind, ready to enjoy yourself, laugh and join in the fun. Make a note in your diary now and come along bringing your friends.



If you would like to buy a copy but can't make it to the launch, then please contact Alan Parkinson on 01837880497 or at [alanfrancisparkinson@gmail.com](mailto:alanfrancisparkinson@gmail.com)



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## News from the Moor



Hi everyone

I hope those of you who love the sun are enjoying the weather, and those who don't have found plenty of shade under lovely trees.

It has been a hive of activity across our many sites over the past month with Great Big Green Week events taking place, community volunteering days and thank you events as part of Volunteers Week and visits from our partners at Devon Carers during Carers Week. June is always so busy! It has been such a privilege to be able to celebrate these special weeks and say thank you.

We are now starting to look ahead planning our stand for the Chagford Show which will take place on Thursday 17th August. Our theme will be the different habitats of the Teign Valley so please pop along to say hello. We are also hoping for kind weather for a performance of Robin Hood taking place at Castle Drogo on Saturday 19th August. Tickets can be purchased from The Plough Arts Centre in Torrington.

September is looking busy too with Heritage Open Days taking place. These are days when we celebrate our beautiful heritage and you can visit for free. The Hydro Turbine House at Drogo will be open on Sunday 10th September and Castle Drogo will have free entry on Thursday 14th September. Lydford is open for free on Friday 15th and Saturday 16th September and Finch Foundry on Sunday 17th September. A perfect opportunity to bring friends along.

Finally, something nice to look forward to in winter is St. Clements Day. This is a highlight for the team at Finch Foundry where we work closely with the local community to celebrate the patron saint of blacksmiths. Save the date and please come and join us to see this amazing craft in action.

I thought that we would have a little focus on the West side of the moor this month with a virtual visit to Lydford Gorge.

Did you know that Lydford Gorge is a temperate rainforest? I treated myself to a walk down to the Devil's Cauldron the other day and it felt like walking through a jungle - with mosses, ferns, lichens, and liverworts covering nearly every surface. Temperate rainforest habitat is globally rare, covering less than 1% of the planet, and is thought to be more scarce than tropical rainforests. In the UK they are only found in the west of the country, and the mild, humid conditions found in Lydford Gorge are what they need to thrive. As the River Lyd and Whitelady Waterfall crash through the gorge they release moisture into the air which helps to keep it lush and green.

We are incredibly fortunate to have such a precious habitat local to us so I do hope you are tempted to come along to explore for yourself. This summer holidays, there will be a free family trail (normal admission prices apply) where you will travel through time to learn how the gorge was formed. The second hand bookshop at Lydford is doing incredibly well so huge thanks to everyone who has supported this by either donating or buying books. All money raised in the bookshop goes directly to helping us to care for the gorge.

Finally, as we head in to the school summer holidays, I would like to say a big thank you to all of our neighbours for their patience and kindness during this busy period.

Best wishes all,

**Paula**

Volunteering & Community Manager, Dartmoor  
07826 945107, paula.clarke@nationaltrust.org.uk

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## THE ART BOX – July 2023

In association with Ruth Smith Gallery and Red Mud Arts. If you would like to contribute, please contact Ruth on 07810590954 or at [ruth@ruthsmithgallery.co.uk](mailto:ruth@ruthsmithgallery.co.uk)

**This month's Art Box is written by Jane Vincent, artist in residence at Ruth Smith Gallery 24<sup>th</sup> June – 9<sup>th</sup> July 2023.**



A hot, steep, uphill walk through a field of rattle clattering at my heels to the tune of birdsong brought me to Ashridge Great Barn, already humming with excited conversation and filled with art works. I'd arrived at Red Mud Arts' exhibition. On two levels, large and small artworks were displayed prompting admiration and earnest discussion about techniques, skills and topics. Refreshments and cake contributions fuelled the talk as friends and strangers mingled, drawn in by a common interest in arts. 'How do you work with green?' 'Why don't you sign your paintings?' were among the questions after each artist had spoken about their work and I left with my head buzzing with ideas and feeling good about the two weeks ahead of me. I am in North Tawton as the first of three Summer Artists in Residence awarded by the Ruth Smith Gallery. Creating new opportunities for artists like me, and those in Red Mud Arts, often begins with a few like-minded individuals discovering each other and recognising shared aims. Supporting each other, developing friendships and building networks of contacts establishes a presence in your local community but it doesn't need to stop there. Too often ownership of 'The Arts' is claimed exclusively by establishment institutions and organisations but the reality of art is that it is everywhere, created and generated by us within our communities; we make art part of our everyday lives, often without realising we are doing it. The carefully chosen hand painted signs above our shops & premises, the things we have in our homes, the sewing and crafting we do together in pub rooms and community halls and the gathering of like-minded folk sharing in the successes of others at exhibitions, open mic nights and performances. Sharing what you can do, learning from others, reaching out beyond your boundaries, is rewarding and making work alongside and in the company of others makes for happy lives. Thank you Ruth and Noah, and North Tawton for your friendly welcome and making my visit so fulfilling – my story of the town in stained glass will be full of joyous memories. *Jane Vincent, glass artist and academic, and resident artist at Ruth Smith Gallery (24<sup>th</sup> June – 9<sup>th</sup> July 2023).*

### Exbourne, Sampford Courtenay & Jacobstowe WI

The meeting on Tuesday July 11th was held in Exbourne village hall. Jerusalem was sung and the speaker was Sue Rose who spoke on the subject of 'How to trace the history of your house'. Sue, who is the main researcher in the Exbourne Local History Group, gave details of all the places history can be found, including web sites, Devon Records office, etc.. She also gave the history of some houses and farms in the area. Members who were interested in finding about their houses were given lists of places to look at. She was thanked by Chris Moir.

After tea and biscuits the business was dealt with. This included details of several events taking place in the county. The exhibit for the Okehampton show is taking shape. The walking group will be visiting Meeth on July 28th. Instead of a meeting, there is a visit to Lewis Gardens, Spreyton on August 8th. Fundraising was discussed and included events such as Soup and Puds for Halloween or a Jumble Sale. Competition winner was Chris Moir and Flower of the Month winner was Karen Hunter. The next meeting will be in Sampford Courtenay village hall on Tuesday September 12th at 2.30 p.m. when the speaker will be Tracy Johnson giving a Wet Felt Demonstration.

*Margaret Weeks*

### PAUSE FOR THOUGHT

#### The Summer Sun Shone Round Me

by Robert Louis Stevenson

The summer sun shone round me,  
The folded valley lay  
In a stream of sun and odour,  
That sultry summer day.

The tall trees stood in the sunlight  
As still as still could be,  
But the deep grass sighed and rustled  
And bowed and beckoned me.

The deep grass moved and whispered  
And bowed and brushed my face.  
It whispered in the sunshine:  
"The winter comes apace."

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30TH EXETER SARACENS (H)

### OCTOBER

14TH HONITON (A)  
21ST IVYBRIDGE II (H)

### NOVEMBER

4TH OLD PLYMOUTHIAN +  
MANNAMEDIAN (H)  
11TH PLYMOUTH ARGAUM (A)  
18TH BARNSTAPLE II (H)

### DECEMBER

2ND SOUTH MOLTON (A)  
9TH DEVONPORT SERVICES (H)  
16TH EXMOUTH II (A)

### JANUARY

6TH TORQUAY ATHLETIC (H)  
13TH EXETER SARACENS (A)  
27TH HONITON (H)

### FEBRUARY

3RD IVYBRIDGE II (A)  
17TH OLD PLYMOUTHIAN +  
MANNAMEDIAN (A)

### MARCH

2ND PLYMOUTH ARGAUM (H)  
16TH BARNSTAPLE II (A)  
23RD SOUTH MOLTON (H)

### APRIL

6TH WITHYCOMBE (A)

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**SEAMOOR LOTTO** – Sampford Courtenay Parish Council has registered as one of the charities which will benefit from the new Lotto run by W.D.B.C.. If you have not bought your ticket yet, please sign up at <https://www.seamoorlotto.co.uk/support/sampford-courtenay-parish-council>

**SCPC held their meeting on Wednesday 5<sup>th</sup> July. With 8 Councillors, 1 WDBC Councillors and 6 members of the public present.**

**WDPC Cllr. M. Casbolt** – reported that there is now a full complement of councillors and the makeup of the various committees can be found on the WD website.

**Email Policy** – has been adopted by the full council and can be found here on our website - <https://www.sampfordcourtenay-pc.gov.uk/policies-terms-reference>

**Heatwave Policy** - was adopted as part of our Resilience Plan and can be found here on our website - <https://www.sampfordcourtenay-pc.gov.uk/sampford-courtenay-resilience-plan>

**General Power of Competence Accreditation** - After discussion it was agreed that this additional cost on parishioners via the precept far outweighed any additional powers/authority it afforded SCPC. It was agreed unanimously not to pursue this qualification. Instead it was agreed that SCPC should register for the **Foundation Stage of the Local Council Award Scheme** - <https://www.nalc.gov.uk/library/our-work/lcas/1855-lcas-guide/file>

**Parish Priorities** – following the Annual Public Meeting the new Priority document has been drawn up and can be viewed here on our website - <https://www.sampfordcourtenay-pc.gov.uk/scpc-parish-resilience-emergency-plans>

**Himalayan Balsam Clearance** – a big Thank you to the 14 volunteers who turned out to help with the Annual Clearance. Volunteers reported that the problem is getting less each year. Thank you.

**Google Calendar now live on the Website page.** <https://www.sampfordcourtenay-pc.gov.uk/events-calendar> - local groups are asked to refer to this calendar and let us know of any events they are planning so that it can be added to the calendar to try and prevent clashing of events.

**Emergency Numbers & Contact Details** – are now available in a handy Parish Directory which can be downloaded from the Website <https://www.sampfordcourtenay-pc.gov.uk/information-leaflets-links>

**GET SCPC & PARISH NEWS DIRECT TO YOUR INBOX** - the best way to keep up to date is to sign up for emails via Julie and the Website.

**Please contact SCPC Clerk – Marion Pratt at [SCPCClerk@aol.com](mailto:SCPCClerk@aol.com) or on 01837 82285 if you would like to raise any issues. Even better, come along to a meeting.**

**Next meeting** Wednesday 2nd August – 7.30 p.m. Village Hall

### **Exbourne Community Choir**

The Exbourne Community Choir presented a Summer Concert in Sampford Courtenay village hall on Saturday June 24th. It was the last concert conducted by Pauline Savage, as she and the accompanist, Christine Cleverdon, are retiring after 15 years of running the choir.

A full hall was entertained by a varied selection of music and soloists who included Jenny Green, Naomi Cross, Rosanna Clark, Julie Carter and duets by Jennie and Peter Shephard, and Emma Evans and Ruth Penrose. The concert raised just over £800 which was split between Sampford Courtenay village hall and the Devon Air Ambulance site in Exbourne playing field. A celebration Tea Party was held in Exbourne village hall on Sunday July 2nd, when presentations were made to Pauline and Christine, thanking them for all their hard work.



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**Debbie Manton, the New Inn 01837 82247**



## SAMPFORD COURTENAY AND HONEYCHURCH FLOWER AND VEGETABLE SHOW 2023.

SAT 12<sup>TH</sup> AUGUST

Full Schedule here on Website.

<https://www.sampfordcourtenay-pc.gov.uk/flower-vegetable-show-2023>

IF YOU OR A NEIGHBOUR WOULD PREFER A PRINTED COPY OF THE SCHEDULE,  
PLEASE GET IN TOUCH WITH MARION ON 01837 82286 or email  
[Clerk@CPC@gmail.com](mailto:Clerk@CPC@gmail.com) or

PLEASE DOWNLOAD THE SCHEDULE FROM  
WEBSITE AND FILL IN YOUR ENTRY FORM AND  
DROP IN/DELIVER TO HIGHER TOWN BY 7PM ON  
WED 9<sup>TH</sup> AUG.

SAT 12<sup>TH</sup> AUGUST

POTATO WEIGH IN - 1PM  
Refreshments available

Doors open at 2-00pm  
Admission £1 (Children Free)

REFRESHMENTS AVAILABLE

Profits from this year's show will go to **SC Village Hall**.

TO PROMOTE "GREEN AWARENESS" PLEASE BRING YOUR OWN BAGS  
FOR YOUR AUCTION PURCHASES.

*Thank you*

### Sampford Courtenay Parish Website:

<http://www.sampfordcourtenay-pc.gov.uk/>

The website is managed by **Julie Carpenter** who can be  
contacted on  
[juliec2911@hotmail.co.uk](mailto:juliec2911@hotmail.co.uk)  
or  
[admin@sampfordcourtenay-pc.gov.uk](mailto:admin@sampfordcourtenay-pc.gov.uk)  
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(also knitting, crochet, cross stitch etc.)

For further information contact  
Charlotte Sampson 07706 942901 or  
[charlotte.sampson22@gmail.com](mailto:charlotte.sampson22@gmail.com)

No meetings in August or September

### SAMPFORD COURTENAY VILLAGE HALL FORTHCOMING EVENTS

#### REGULAR ACTIVITIES:-

PILATES	Monday 9.30 to 10.30 a.m.
DOG TRAINING	Monday 7.30 to 8.30 p.m.
YOGA CLASSES	Tuesday 6 to 7.30 p.m.
TAP DANCING	Thursday 11 a.m. to 12 noon
TABLE TENNIS	Weekly—for details ring 01837 851659
FLOWER CLUB	2 <sup>nd</sup> Monday of every month 2.30 p.m.
CRAFT & CHAT	2 <sup>nd</sup> & 4 <sup>th</sup> Thursday of every month 3.15 to 4.45 p.m.

#### OTHER DATES FOR YOUR DIARY:-

Sunday 20 <sup>th</sup> August	Live music from One point Five with cream tea 3 p.m.
Saturday 9 <sup>th</sup> Sept	Barn Dance with supper 7 p.m. for 7.30 p.m. start

Please see separate adverts or visit the parish  
website/facebook for more details on all of these  
events [www.sampfordcourtenay-pc.gov.uk](http://www.sampfordcourtenay-pc.gov.uk)



### Little Seedlings Playgroup

North Tawton Primary  
School Hall  
Every Tuesday during  
term-time  
9 - 11 a.m.

For babies & toddlers 0 - 4 yrs  
Admission £2 per family  
payable at the door



### Sampford Courtenay Flower Club

There is no meeting in August

For more information contact the Chairman,  
Nancy Passmore on 01837 54849

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## News From North Tawton Community Primary School



### Farewell to our Class of 2023

As I write this, we have two more weeks at school before we break up for the summer holiday. We have a rescheduled Sports Day, a residential in France and lots of end of term celebrations yet to enjoy.

For our eldest pupils this is their last two weeks at primary school before moving on to secondary. It is always a bittersweet time for staff. We are sad to see them go, but proud of their achievements and how prepared they are for the road ahead.

Last year, Fin Watts wrote this poem about moving on.

#### **Moving On**

Moving on, like a stream always flowing,  
Roses move on, they regrow and begin to blossom.  
Our pets move on, they grow and begin to learn,  
Time will shift and move on.

Life, always moving on like a rippling stream twisting and turning,  
We move on, no matter what our destiny.  
Our life will have knots in like a shoelace,  
Our lives are like gusts of wind or like a little flowing river,  
We move on.

Now it's time for me to move on,  
Undo the knots and keep moving on like that stream.  
It will be tricky along the way crashing into rocks in the rapids,  
But eventually, the stream will calm down and so will our lives.  
Eventually the stream will come to an end,  
The end of time at primary school,  
As we pour into the ocean that is secondary school.

By Fin - July 2022

On behalf of the staff, we hope all our past pupils have many treasured memories of their time here, and we wish them well.

*Tara Penny, Principal.*

#### **Exbourne, Sampford Courtenay & Jacobstowe WI**


The meeting took place in Exbourne village hall on Tuesday June 13th. The President welcomed everyone and Jerusalem was sung. The speaker this month was David Ramsden MBE, who spoke about Climate and the Ecological Crisis. He was thanked by Anne Warren at the end of his sometimes controversial talk.

After refreshments, the business was discussed. There were several outings for members to put their names down for. The treasurer (Sally Kenealy) gave her report, as she was absent from the A.G.M. the previous month. Funds are OK for the time, but some fund raising might have to be arranged in the future. There was a report from Cherry Chidwick about the N.F.W.I. A.G.M. meeting held at Cardiff. Margaret Cleveland had attended a meeting at Sampford Courtenay to discuss arrangements for the 450 year anniversary of the Prayer Book Rebellion in June 2024. Maggie Brady reported on the arrangements for the exhibit for the Okehampton Show. The next walk is from the Fox and Hounds at Bristow on Friday June 30th. Members are given a choice of either walking on the Moor or the Granite Way.

Competition winner was Margaret Cleveland and Flower of the Month winner was Karen Hunter. The next meeting is on Tuesday July 11th at 7 p.m., when the speaker will be Sue Rose talking about How to Trace the History of your House.

*Margaret Weeks*

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**Chagford, Gidleigh, Throwleigh, Drewsteignton, South Tawton, Spreyton and Hittisleigh,**

**TEAM VICAR:** North Tawton  
**TEAM RECTOR:** Chagford

**Rev'd. Dr. David Spence** (89243) [revdspence@gmail.com](mailto:revdspence@gmail.com)  
**at present a Vacancy**

**ASSISTANT MINISTER:** North Tawton  
**CURATE:** Chagford  
**PARISH WORKER:** North Tawton

**Rev'd. Rita Bullworthy** (89168) [ritabullworthy@yahoo.co.uk](mailto:ritabullworthy@yahoo.co.uk)  
**Rev'd. Dr. Harriet Every** (01647 432402)  
**Mr. Wesley Cutler** (07540 127827) [wesleycutler@hotmail.co.uk](mailto:wesleycutler@hotmail.co.uk)

**CHURCHWARDENS**

**St. Peter's** North Tawton

Mr. Paul Andrews (82648)

Mrs. Rhona Bragg (82343)

**St. James'** Bondleigh

Mr. Danny Semorad (82319)

Mr. Graham Stokes (82240)

**St. Andrew's** Sampford Courtenay

Mr. Malcolm Craig (880118)

Mrs. Sarah Hanks (851287)

**St. Mary's** Honeychurch

Mr. Ray Squire (851627)

Mr. Richard Weeks (851269)

*(All numbers are 01837 numbers unless otherwise stated)*

Church web page address: <http://www.stpetersnorthtawton.org.uk/>

Facebook: <https://www.facebook.com/stpetersnorthtawton/>

**AUGUST SERVICES at St. Peter's  
Church  
North Tawton**

6th August 11 a.m. Morning Worship  
 13th August 11 a.m. Informal Communion  
 20th August 11 a.m. Family Service  
 27th August 11 a.m. Morning Prayer

**AUGUST SERVICES at St. Andrew's Church  
Sampford Courtenay**

6th August 9.30 a.m. Morning Worship  
 13th August 9.30 a.m. Communion  
 20th August 6.00 p.m. Evensong  
 27th August 9.30 a.m. Communion

**AUGUST SERVICES at St. James's Church  
Bondleigh**

6th August 9.30 a.m. Communion Service  
 20th August 9.30 a.m. Communion Service

**QUAKERS**

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 Sundays at 10.30 a.m.  
*All visitors welcome*

**AUGUST SERVICES at St. Mary's Church  
Honeychurch**

6th August 3.00 p.m. Evensong / Communion

**ORTHODOX CHURCH**  
**Devon Parish of Holy Prophet Elias**  
 For details of services contact  
 Celia or Martin Olsson (82796)

**North Street Chapel**

Contact: Mr. R. Sampson 07835 033062

	11 a.m.	Evening
1 <sup>st</sup> Sunday	Special service	No Service unless advertised otherwise
2 <sup>nd</sup> Sunday	Prayer & Communion	No Service unless advertised otherwise
3 <sup>rd</sup> Sunday	No service	3 p.m. Tea and Praise
4 <sup>th</sup> Sunday	11 a.m. Morning Service	No service
5 <sup>th</sup> Sunday	Prayer & Communion	No service unless advertised otherwise

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## FROM THE REGISTERS

### Funeral

12<sup>th</sup> July – Stephanie ANDREWS (58)

St Peter's North Tawton (Exeter Crematorium)

### NORTH STREET CHAPEL

TEA AND PRAISE

SUNDAY 20th AUGUST

3 p.m.

With Richard and Charlotte Sampson

### POLICE NON EMERGENCY

PHONE NUMBER **101**

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**St. Andrew's Church, Sampford Courtenay**  
**Fourth Thursdays at 10 a.m.**

The next date is:  
Thursday August 24th 2023



Please continue to remember those who need help  
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**Saturday 9th September**  
**7pm for a 7.30pm start**  
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**Bar and cakes at extra cost**

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**Church Flowers & Brass**

**Sampford Courtenay**

August	Jeanette Baker
September	Rosemary Lowe

**Honeychurch**

August	Vera Collins
September	Karen Squire

**Bondleigh**

Aug 6th	Cath Pettyfer
Aug 13th / 20th	Carol Jones
Aug 27th / Sept 3rd	Jacqui Bourne
Sept 10th / 17th	Bridget Higgs
Sept 24th	Lin Warre

**North Tawton**

*Flowers*

Aug 6th / 13th	Monica Simons
Aug 20th / 27th	Celia Boughton, Jo Fear and Vicky
Sept 3rd / 10th	Margaret Arscott
Sept 17th / 24th	Joan Nicolls

*Brass*

August	Celia Boughton / Jo Fear
September	Margaret Arscott

\*\*\*\*\*

North Tawton Residents.  
Would anyone be interested in joining the rota to do church flowers?  
We are always interested in having new arrangers and you do not need to have experience in flower arranging.  
If you would like to go on the rota please phone  
Sue Gray 01837 82464

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**(See Page 9)**

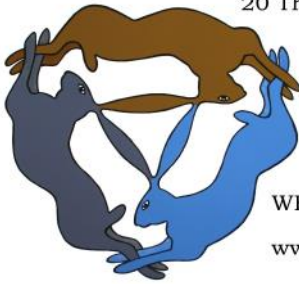
**North Tawton W.I. meets on the first Wednesday of the month**  
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